

Lunch Specialties

Served with side Greek or Ceasar salad or cup of soup du jour.

8 Oz Grilled Chicken, Cheddar & Bacon Sandwich 11.50

Red pepper aioli, lettuce, tomato, on a Ciabatta roll.

Turkey & Avocado Club 10.75

Served On toasted whole wheat with tomato, lettuce and mayo.

1/2 lb. Buffalo Burger 11.75

Free range buffalo, layered with blue cheese, caramelized onions, roasted red bell pepper aioli, tomato & lettuce on a Ciabatta roll.

BBQ Tri-Tip Sandwich 11.50

Caramelized onions, smokey mozzarella, horseradish mayo on a Ciabatta roll.

Veggie Burger 8.50

Red pepper aioli, sprouts, avocado, cucumber, feta.

BLT 8.75

Served on toasted whole wheat bread with mayonnaise.

Hot Dog 5.25

Eight inch all beef hot dog with chips.

Focaccia Sandwiches

Served with roasted red bell pepper aioli and whole grain mustard with side Greek or Ceasar salad or cup of soup du jour.

Smoked Prosciutto & Turkey 11.25

Smoked mozzarella, sundried tomatoes, caramelized onions, balsamic vinegar, olive oil and sprouts.

Pork Loin 10.75

Cheddar cheese, tomatoes, caramelized onions and lettuce.

Roast Beef 10.75

Jack, roasted red peppers, caramelized onions and lettuce.

Turkey 10.75

Artichoke hearts, provolone cheese, tomatoes, caramelized onions, sprouts, balsamic vinegar and olive oil.

Veggie Supreme 9.75

Feta cheese, sundried tomatoes, caramelized onions, grilled Portobello mushrooms, grilled zucchini, sprouts, balsamic vinegar and olive oil.

Hot Panini Sandwiches

Served with roasted red bell pepper aioli and whole grain mustard with side Greek or Ceasar salad or cup of soup du jour.

Turkey & Bacon With pesto & brie. 11.25

Hot Pastrami 11.00

Layered with swiss cheese, sauerkraut and caramelized onions.

Ham & Swiss Cheese 10.50

Veggie 8.75

Jack, roasted red peppers, caramelized onions & grilled zucchini.

Cheese Only 7.00

Savory Crepes

Served with side Greek or Ceasar salad or cup of soup.

Smoked Salmon 11.25

With creme fraiche, bermuda onion, dill & capers.

Grilled Chicken 9.95

Vine-ripened tomatoes, spinach & smokey mozzarella.

Goat Cheese 9.25

Roasted Bell Pepper & Portobello Mushroom.

Brie, Apple and Pecans 8.75

Aidells Chicken-Apple Sausage 8.25

Mushroom and cheese.

Spinach, Ham & Cheese 7.95

Mushroom, Tomatoes & Cheese 7.50

Cheese only 5.50

Dessert Crepes

Banana and Nutella 6.50

Chocolate & Strawberries with Creme 6.25

Real Maple Syrup & Powdered Sugar 6.25

Chocolate, Nuts & Whip Cream 5.50

Fresh Lemon & Powdered Sugar 4.75

Chocolate Only 4.75

Soups and Salads

Served with fresh baked focaccia.

Soup du Jour cup 3.00 bowl 4.00

Blue Onion House Salad 8.75

Mixed baby greens, caramelized pecans, pears, gorgonzola and balsamic vinaigrette.

Cobb Salad 10.50

Crispy iceberg & romaine lettuce, topped with grilled chicken, bacon, egg, tomato, creamy blue cheese crumble dressing.

Crab Cake Salad 12.25

Pan fried jumbo crab cake over mixed greens, topped with avocado and tomato salsa.

Greek Salad 8.95

Romaine hearts, tomatoes, cucumber, kalamata olives, Bermuda onion, feta cheese tossed with oregano vinaigrette.

Baby Spinach Salad 8.95

Goat cheese, caramelized pecans, caramelized onions tossed in a balsamic vinaigrette. With grilled pesto shrimp add 4.00, grilled chicken breast add 2.00.

Caesar Salad 8.25

Tossed with creamy Caesar dressing and focaccia croutons. With grilled pesto shrimp add 4.00, grilled chicken breast add 2.00.